

Stand Up Inside and Be All In

By Gary B. Sabin

"Stand up Inside"

- Wait patiently upon the Lord to remove or give you strength to endure.
- Lift up your hands that hang down.
- Defend the truth against a wicked and secular world.
- Have a clear conscience.
- Receive strength and comfort assurance from the Holy Ghost.
- Gain an eternal perspective.

"All in"

- Continually repent.
 - Rely upon the Lord.
 - Gain strength.
 - Possess humility and faith.
 - Be enriched with the wisdom borne from a life of experience.
 - Make the decision to be valiant defenders of our Heavenly Father's plan.
 - Follow the prophet.
 - Have assurance that all things will work together for good.
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